

HAPKIDO "Street Effective" Series

JIN JUNG KWAN MARTIAL ARTS ACADEMY

At the VRRRI (Vocational & Rehabilitation Research Institute)
3304 33 Street NW
Calgary, Alberta

Women's Self Defense Courses

Beginning January 2011

**Featuring
Master Wade Langin,
5th Dan Black Belt**

For more information,
Call (403) 390 - 0573 or
Email info@jjkcanada.com

WWW.JJKCANADA.COM

REGISTRATION FORM

Register by December 1, 2010 to receive the Early Bird Registration rate \$125 for Session 1.
Register by February 1, 2011 to receive the Early Bird rate for Session 2.

BEST DEAL! Register for both Level 1 and Level 2 courses for \$225 and save \$50!!

First Name _____ Last Name _____

Address _____

City _____ Province _____ Postal Code _____

Phone _____ Email _____

Women's Self Defense Courses

Sunday 11:00am to 1:00pm (4 weeks) – Total 8 hours

Level 1 – Introductory Basics \$150

- Session 1: January 9 to 30, 2011
- Session 2: February 27 to March 20, 2011

Level 2 – Comprehensive Techniques \$125

- April 10 to May 8 (no class April 24)



**Register before December 1, 2010 to
receive the Early Bird rate \$125!!**

**Save \$50 and register in both
Level 1 and Level 2 for \$225!!**



Course

Level 1 – Learn simple and easy to use but quick and effective self defense techniques to build self confidence in wary situations.

Level 2 – A more comprehensive understanding of techniques learned in Level 1. Expand to discover the many different variations of the basic techniques to gain the advantage against your aggressor.

Location

We are located at the VRRRI, the Vocational and Rehabilitation Research Institute, on the north side of the University of Calgary. The address is 3304 33 Street NW. We will be in Classroom 3. A parking pass is not required on the weekends.

Payment

We accept cash, cheque, VISA, MasterCard and Interac debit payment, in person and over the phone. If paying by VISA or MasterCard, please fill out the following information:

Name on Card: _____ VISA _____ Mastercard _____

Credit Card Number: _____ Expiry Date: _____

Validation code (3 digits on back): _____ Amount to process: _____

Signature of Account Holder

Date